WASCLA SUMMIT V

Language and Mental Health Services. Spokane, WA. Oct. 17, 2009.

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I. CULTURAL ASSESMENT

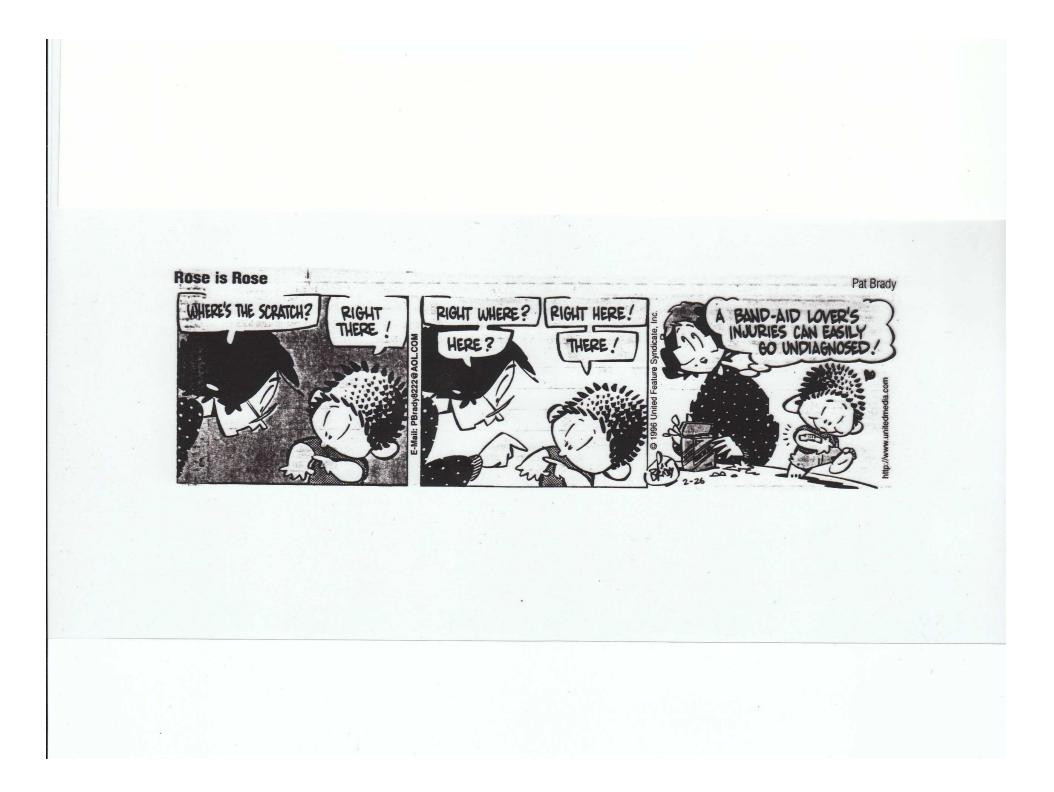
 Congress (1994) proposed to elaborate a Cultugram. It is an assessment tool for multicultural practice with immigrant families.

II.SOCIOCULTURAL CHARACTERISTICS

- The language is a strong communication link among LEP individuals. It is an essential link to their heritage.
- Language Preference and language Dominance: Expression of emotions and physical symptoms

III. FAMILY CONSTELATION Traditions, values and beliefs.

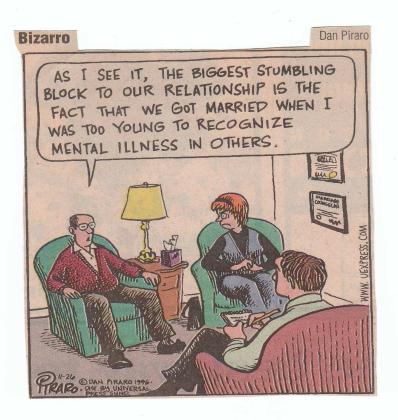
1. 1. Hierarchy of authority. 2. Defined gender roles. 3. Interactions with support systems. 2. 4. Religious and Spiritual practices. 5. Socioeconomic status of the family.



IV.LEVELS OF ACCULTURATION

LOW ACCULTURATION.INCREASED ACCULTURATION.





V.VIEWS TOWARD MENTAL HEALTH

- LOW UTILIZATION OF MENTAL HEALTH SERVICES.
- POPULAR EXPLANATIONS FOR DISTRESS.
- INDIGENOUS TYPES OF TREATMENT AND SOURCES OF CARE.
- THE MAJORITY CULTURE'S BIASES AND STEREOTYPED VIEWS OF THE CLIENT'S CULTURE.

